The train line SunRail has 2 routes. For regular weekdays, their operation hours are:
(1) Northbound: 5:45 AM - 9:55 PM
(2) Southbound: 5:06 AM - 8:10 PM
Use the Moovit App to find the closest SUNRAIL train station near you and find out when is the next SUNRAIL train arriving.

### SUNRAIL train Time Schedule

**Northbound Route Timetable:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>Not Operational</td>
</tr>
<tr>
<td>Monday</td>
<td>5:45 AM - 9:55 PM</td>
</tr>
<tr>
<td>Tuesday</td>
<td>5:45 AM - 9:55 PM</td>
</tr>
<tr>
<td>Wednesday</td>
<td>5:45 AM - 9:55 PM</td>
</tr>
<tr>
<td>Thursday</td>
<td>5:45 AM - 9:55 PM</td>
</tr>
<tr>
<td>Friday</td>
<td>5:45 AM - 9:55 PM</td>
</tr>
<tr>
<td>Saturday</td>
<td>Not Operational</td>
</tr>
</tbody>
</table>

### SUNRAIL train Info

**Direction:** Northbound

**Stops:** 16

**Trip Duration:** 93 min

**Line Summary:** Poinciana, Kissimmee, Tupperware, Meadow Woods, Sand Lake Road, Orlando Health/Amtrak, Church Street, Lynx Central, Adventhealth, Winter Park, Maitland, Altamonte Springs, Longwood, Lake Mary, Sanford, Debary

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- **Poinciana**
- **Kissimmee**
  111 East Dakin Avenue, Kissimmee
- **Tupperware**
- **Meadow Woods**
- **Sand Lake Road**
  8028 S Orange Avenue, Belle Isle
- **Orlando Health/Amtrak**
  1400 Sligh Blvd, Orlando
- **Church Street**
  105 W South Street, Orlando
- **Lynx Central**
  101 West Livingston Street, Orlando
- **Adventhealth**
  500 East Rollins Street, Orlando
- **Winter Park**
  148 West Morse Boulevard, Winter Park
- **Maitland**
  910 Robinhood Ct, Maitland
- **Altamonte Springs**
  2741 South Ronald Reagan Boulevard, Altamonte Springs
- **Longwood**
  149 E Church Ave, Longwood
- **Lake Mary**
  2200 West Lake Mary Boulevard, Lake Mary
Sanford
2720 West State Road 46, Seminole County

Debary
630 South Charles Richard Beall Boulevard, DeBary
Direction: Southbound
16 stops

VIEW LINE SCHEDULE

SUNRAIL train Time Schedule
Southbound Route Timetable:

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>Not Operational</td>
</tr>
<tr>
<td>Monday</td>
<td>5:06 AM - 8:10 PM</td>
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<td>Friday</td>
<td>5:06 AM - 8:10 PM</td>
</tr>
<tr>
<td>Saturday</td>
<td>Not Operational</td>
</tr>
</tbody>
</table>

SUNRAIL train Info
Direction: Southbound
Stops: 16
Trip Duration: 88 min
Line Summary: Debary, Sanford, Lake Mary, Longwood, Altamonte Springs, Maitland, Winter Park, Adventhealth, Lynx Central, Church Street, Orlando Health/Amtrak, Sand Lake Road, Meadow Woods, Tupperware, Kissimmee, Poinciana

Debary
630 South Charles Richard Beall Boulevard, DeBary

Sanford
2720 West State Road 46, Seminole County

Lake Mary
2200 West Lake Mary Boulevard, Lake Mary

Longwood
149 E Church Ave, Longwood

Altamonte Springs
2741 South Ronald Reagan Boulevard, Altamonte Springs

Maitland
910 Robinhood Ct, Maitland

Winter Park
148 West Morse Boulevard, Winter Park

Adventhealth
500 East Rollins Street, Orlando

Lynx Central
101 West Livingston Street, Orlando

Church Street
105 W South Street, Orlando

Orlando Health/Amtrak
1400 Sligh Blvd, Orlando

Sand Lake Road
8028 S Orange Avenue, Belle Isle

Meadow Woods

Tupperware

Kissimmee
111 East Dakin Avenue, Kissimmee

Poinciana
SUNRAIL train time schedules and route maps are available in an offline PDF at moovit.com. Use the Moovit App to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in Orlando.